

# The DOC Journey Webinar #10

## *Anxiety 101*



10-28-20

### General References:

More about the ACE Score:

CDC-Kaiser ACE Study, 2020, '[Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults](https://www.cdc.gov/violenceprevention/aces/about.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Fabout.html)', Centers for Disease Control and Prevention  
[https://www.cdc.gov/violenceprevention/aces/about.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Fabout.html](https://www.cdc.gov/violenceprevention/aces/about.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Fabout.html)

More about the shift from Healer to Problem Solver in healthcare:

Peabody, Francis, 1927, 'The Care of the Patient', Journal of the American Medical Association  
<https://jamanetwork.com/journals/jama/article-abstract/245777>

The chart presented in the webinar is on the second page.

### **Books:**

Harari, Yuval N. author. [Sapiens: A Brief History of Humankind](#). New York: Harper, 2015, 464 pages

Brown, et al author. [Play: How it Shapes the Brain, Opens the Imagination, and Invigorates the Soul](#). New York: Avery, 2010, 240 pages

### **Q&A with David Hanscom:**

[Join every Tuesday and Thursday at noon Pacific Time](#)

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